

FARM COUPLE RETREATS

**FOCUSING ON SUCCESSFUL COMMUNICATION FOR YOUR
FAMILY AND FARM'S FUTURE**

January 21-22, 2022
Faribault, MN

February 4-5, 2022
St. Cloud, MN

February 11-12, 2022
Thief River Falls, MN

Learn about creative communication skills, personality differences, and resources to help each couple reach their goals and attain better management of the stresses of farming and family relationships. Learn how to communicate with your partner and children more effectively and enjoy a mini vacation as a couple from the farm.

Pre-registration is required. Contact Leah Bischof at (320) 429-0611 or leahbischof@gmail.com or visit www.mn-dairy-initiative.org/events.html

These retreats are hosted by the Minnesota Dairy Initiative. Farm Couple Retreats are supported by the Farm and Ranch Stress Assistance Program award no. 2021-70035-35461 from the USDA National Institute of Food and Agriculture. The program is also made possible by the support of the following partners.



UNIVERSITY OF MINNESOTA
EXTENSION

